

CATALOG
2026

understory

HEATHER GOOD

KOOTENAY GALLERY OF ART



20
26

understory begins with close attention to the forest and natural world—to its shifting light, layered textures, and quiet cycles of growth, decay, and renewal. Through an intuitive process of building mixed materials and reworking paint, these observations move beyond representation, becoming reflections on memory, perception, and lived experience. Shapes, colour, and mark-making evolve over time, creating paintings that explore the relationship between the natural world and our inner landscapes. Rather than depicting a specific place, the work invites a sense of connection to the ground beneath us, the living systems that sustain us, and the ways we carry the landscape within us.

Heather Good, 2026



Meet The Artist

Heather Good

Inspired by nature, my abstract works feature elements that evoke a sense of familiarity and recognition. Drawing inspiration from the patterns of fallen leaves, textures of stone and brick, and the vibrant hues and intricate textures of moss and lichen, I translate these natural elements into my artwork with an instinctual approach. By observing and absorbing the world around me, I channel my creativity through marks, lines, shapes, and patterns, forging a profound connection between my surroundings and my artistic expressions.

My recent work on canvas encompasses a variety of techniques, including drawing, painting, collage, and making marks with a diverse range of materials such as watercolour, ink, acrylic, pastel, and graphite, and mixed papers. I am constantly exploring ways to interconnect these mediums to produce intricate and multifaceted outcomes. Working instinctively, my paintings are characterized by spontaneous and swift marks and brushstrokes. My artistic process unfolds in multiple stages, with each canvas undergoing a series of painting and collage, creating new layers while preserving elements of what lies underneath.



Artist's Tools

Every painting begins with thoughtful design, careful observation, and an intuitive connection to colour. Inspiration comes from the surrounding landscape, but it is through years of experience and trusted tools that each vision is brought to life.

Among those tools is a well-loved horsehair paint brush that Heather purchased for a Chinese painting class when attending the Ontario Collage of Art in 1996. Worn smooth through years of use, it has become an indispensable part of Heathers creative process. Despite many attempts to find a replacement, none has matched its feel, balance, or the expressive marks it creates. More than a brush, it is a cherished companion that carries the history of countless paintings and continues to shape every new work.



Every brushstroke begins with inspiration, guided by trusted hands and timeless tools.



Where Paint and Canvas Become One

A place where creativity flourishes, inspired by the beauty of the natural world.

The Studio

Surrounded by nature, the studio is both a creative sanctuary and a constant source of inspiration. The changing light, seasons, and landscape shape the atmosphere in which each painting begins and evolves.

Inside, the space encourages quiet reflection and focused creativity, while just beyond the door, the beauty of the natural world offers an endless source of colour, texture, and inspiration.





Untitled (masking) I

\$1175

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 36"



Landscape with Pink

\$1100

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 30"
Framed



Stones Near The Fall

\$2750

Acrylic, watercolour, ink, and
rice paper on canvas
36" x 48"
Framed in Fir



Storm Ground

\$2400

Acrylic, watercolour, ink, and
rice paper on canvas
36" x 48"



**With Regard
To The River**

\$2400

Acrylic, watercolour, ink, and
rice paper on canvas.
36" x 48"



**Treasures, To
Carry Home**

\$1175

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 36"



I, Land

\$1975

Acrylic, watercolour, ink, and
rice paper on canvas
36" x 36"
Framed in Fir



Clear Separation

\$775

Acrylic, watercolour, ink, and
rice paper on panel
18" x 24"
Framed in Fir



Swirl

\$775

Acrylic, watercolour, ink, and
rice paper on panel

18" x 24"

Framed in Fir



Storytelling

\$1175

Acrylic, watercolour, ink, and
rice paper on canvas

24" x 36"



A Place We Know

\$1475

Acrylic, watercolour, ink, and
rice paper on canvas

30" x 40"



Lost Fortunes

\$1750

Acrylic, watercolour, ink, and
rice paper on canvas

40" x 30"

Framed



Morning Rituals

\$975

Acrylic, watercolour, ink, rice paper, and coffee filters on canvas
24" x 30"



Those Days, Grounding

\$975

Acrylic, watercolour, ink, and rice paper on canvas
24" x 30"



River Fountain

\$1475

Acrylic, watercolour, ink, and rice paper on canvas
30" x 40"



Untitled (masking) II

\$1475

Acrylic, watercolour, ink, and rice paper on canvas
30" x 40"



Sand and Rock

\$550

Acrylic, watercolour, ink, and
rice paper on panel

12" x 24"

Framed in Fir



A Gentle Past

\$1175

Acrylic, watercolour, ink, and
rice paper on canvas

24" x 36"



The Willing Mountains

\$1175

Acrylic, watercolour, ink, and
rice paper on canvas

24"x36"

**Works from
2020 - 2025**





Take Me With You \$975

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 30"



Birch \$1100

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 30"
Framed



**Gathering
Gemstones** \$1100

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 30"
Framed



**Blue Lakes,
Rocky Shores** \$1175

Acrylic, watercolour, ink, and
rice paper on canvas
24" x 30"



Nest

\$1175

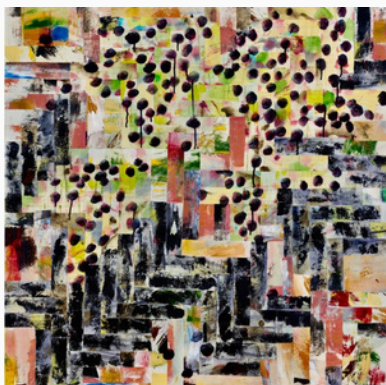
Acrylic, watercolour, ink, and
rice paper on canvas
24"x36"



If The Sky Were A Garden

\$1475

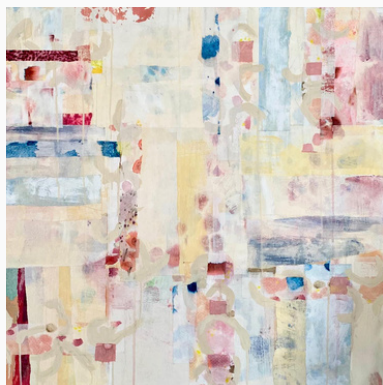
Acrylic, watercolour, ink, and
rice paper on canvas
30"x40"



Year In A Day

\$1600

Acrylic, watercolour, ink, and
rice paper on canvas
36"x36"



Garden Of Sorts

\$1600

Acrylic, watercolour, ink, and
ricepaper on canvas
36"x36"



Spring Birches

\$1450

Acrylic, watercolour, ink, and
rice paper on canvas
30" x 40"
Framed



Spring Birches II

\$1450

Acrylic, watercolour, ink, and
rice paper on canvas
30" x 40"
Framed

Please note that due to
the digital format, the
colours may vary slightly
from the original painting.



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For Purchases Please Contact:

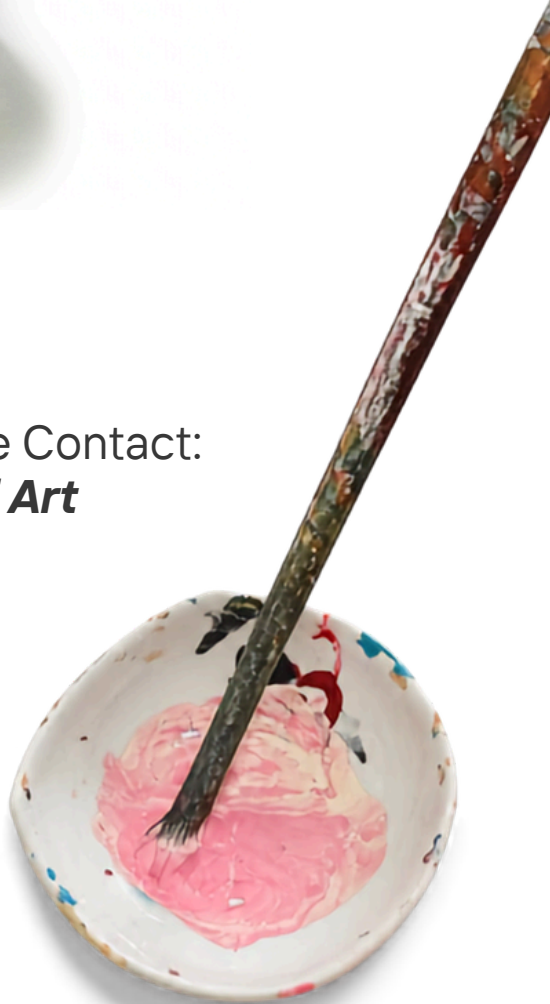
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